

Fiji: Tentative Itinerary

Fiji is fairly laid back and expecting everything to run when planned is unrealistic: arrangements may need to be changed on an ongoing day-to-day basis.

Day 1 **Arrival and Transfer to Suva**

5am – 12pm	Arrive in Nadi; Airport transfer to Skylodge
2:00 – 6:00	Drive to Suva
6:30 – 7:30	Dinner: Raintree Lodge
8:00 – 10:00	Optional Nighttime Activity (ONA)

Day 2 **Suva (USP)**

7:30 – 8:00	Breakfast
8:15 – 8:45	Drive to University of the South Pacific (USP)
9:00 – 10:30	Test
1.5 T	
10:30 – 10:45	Morning Break
10:45 – 12:00	Intro to Fijian History and Culture (Alumita Durutalo)
1.0 L	
12:00 – 1:00	Lunch: USP
1:00 – 2:30	Project Introduction and Lecture
1.5L	
3:00 – 4:30	Suva Markets and Cultural Experience
1.5F	
	- A scavenger hunt around the Pacific Islands largest city to get you acquainted with Pacific and Fijian culture.
5:00 – 6:00	Orientation Discussion: Raintree
1.0L	
6:30 – 7:30	Dinner: Raintree
8:00 – 10:00	ONA

Contact Hours: 6.5

Day 3 **Suva**

8:00 – 8:30	Breakfast
8:30 – 9:00	Transfer to USP
9:00 – 10:30	USP: Ethno-social Relations in Fiji (Steven Ratuva)
1.5 L	
10:30 – 10:45	Morning Break
11:00 – 12:00	U.S. Embassy
1.0 L	
12:30 – 1:30	Lunch: Old Mill Cottage
1:30 – 2:30	Free time in Suva / Project Time
2:30 – 4:30	Colo-I-Suva: Rainforest hike & waterfall swim
2.0 F	
5:00 – 6:30	Project Time at Raintree Lodge
1.5P	
6:30 – 7:30	Dinner:
8:00 – 10:00	ONA: Suva Nightlife

Contact Hours: 6.0

Day 4**Suva**

8:00 – 8:30	Breakfast	
8:30 – 9:00	Transfer to USP	
9:00 – 10:30	Lecture: Fijian Economics	1.5L
10:30 – 10:45	Morning Break	
10:45 – 12:15	USP: Business & Life in Fiji (Carol Frodey)	
1.5 L		
12:30 – 1:30	Lunch: Garden Palace Chinese Buffet	
1:30 – 3:00	Fiji Museum: Intro to Fijian archaeology & sociology	
1.5 L		
3:00 – 4:00	Suva Craft Markets	
1.0F		
4:00 – 6:00	Project Time	
2.0P		
6:30 – 7:30	Dinner: Bad Dog Café	

Contact Hours: 7.5**Day 5****Village Visit**

8:00 – 8:30	Breakfast	
8:30 – 9:30	Transfer to Vaturua Village in Nakelo	
9:30 – 12:30	Village Activities:	
5.5F		
	- Savusavu	
	- Tour of village	
	- Mat weaving demonstrations	
	- Crab catching and fishing demonstrations	
12:30 – 1:30	Lunch	
1:30 – 3:00	Afternoon Entertainment	
3:00 – 5:00	Drive to Mango Bay Resort	
5:00 – 6:00	Project Time and Discussions	
1.0P		
6:30 – 7:30	Dinner	
8:00 – 10:00	ONA	

Contact Hours: 6.5**Day 6****Navua River and Koromakawa**

8:30 – 9:00	Breakfast	
9:00 – 9:45	Drive to Navua	
10:00 – 4:00	Navua River Experience	
6.0 F		
	- Fijian village life and protocol	
	- kava ceremony	
	- lovo lunch	
	- waterfall swim	
5:00 – 6:00	Drive to Mango Bay	
6:30 – 7:30	Dinner	
8:00 – 10:00	ONA	

Contact Hours: 6

Day 7**Koromakawa**

8:30 – 9:00	Breakfast
9:00 – 10:15	Business Tourism in Practice
1.25L	
10:30 – 12:00	Projects
1.5P	
12:00 – 1:00	Lunch
1:30 – 2:30	Coral Coast marine life
1.0L	
3:00 – 5:00	Water experience
2.0F	
6:00 – 7:00	Dinner
8:00 – 10:00	ONA

Contact Hours: 5.75**Day 8****Mango Bay**

8:30 – 9:30	Breakfast
9:30 – 10:30	Project Time and Discussions
1.0P	
10:30 – 12:30	Activities
2.0F	
12:30 – 1:30	Lunch
2:00 – 4:30	Drive to Nadi
4:30 – 5:30	Free Time
5:30 – 6:30	Lecture: Tourism in Fiji
1.0L	
6:30 – 7:30	Dinner at Skylodge
8:00 – 10:00	ONA

Contact Hours: 4.0**Day 9****Beachcomber Island**

7:00 – 7:30	Breakfast
7:30 – 8:15	Pick up and transfer to Denarau
9:00 – 10:00	Boat to Beachcomber
10:00 – 11:00	Tour of Beachcomber facility and lecture
1.0 L	
11:00 – 1:00	Snorkel & Marine experience and interpretation
2.0 F	
1:00 – 2:00	Lunch
2:00 – 4:00	Free Time
4:00 – 6:00	Project Time
2.0P	
6:00 – 7:00	Dinner
8:00 – 10:00	ONA

Contact Hours: 5.0

Day 10**Beachcomber – Nadi**

8:30 – 10:30	Breakfast/Checkout
10:30 – 11:30	Boat to Denarau
11:30 – 12:30	Free time in Nadi
12:30 – 1:15	Lunch
1:30 – 2:30	Free Time
2:30 – 3:30	Project Time
1.0 L	
3:30 – 5:30	Project Presentations
2.0P	
5:30 – 6:30	Program Evaluation, Reviews and Conclusion
1.0L	
6:30 – 7:30	Dinner
8:00 – 10:00	ONA

Contact Hours: 4.0**Day 11****Final Day in Nadi**

8:30 – 9:30	Debrief
9:00 – 5:00	Departure Flights

Total Lecture Hours	16.75
Total Field Hours	22
Total Test Hours	1.5
<u>Total Designated Project Time</u>	<u>11</u>
Total Hours	50.25